

# FVLKOFFESTABROEVR

Spide frondlice i spide frimfumlice þumt tæder  
 mid eadmodre inge þance þu me addest for þam ic min  
 mæd i polde fleon þa byrðenne hævie hýrdelican gy-  
 menne þara byrðenna hefignyssre eal þic his geman  
 ierfite on þisse andreasdan boc. Bi læs hi hƿam leohte  
 þyngc to underi sonne. Ic eac læs þi hƿa nan þara ne  
 hing he hine un pærlice bega. Ise he hi un pærlice jun-  
 gildice ge pílnige ondriæde he þi he hi æfje underi fenge.

**N**u iplnige þte þeos spjæc stige on þi inge þanc þær leo-  
 neqes spa spa on sume hlædne stæpmælum neaq i neaq  
 oðð heo færdice gestande on þam folose þær moder he  
 hi leorinigen. I forbi ic hit to dæle on fæoper. An i þara  
 dædhu he on þone folgð becume. Oððer hu he þær on  
 libbe. Hjyddde is hu he þær on lære. Fosidde is hu he his  
 agene unþeapa on gitian pýlle i hƿa ge þær bron þy-  
 læs he forbi þy underi fenge his eadmodnesse forlæte oððe  
 eft his lif ry ungelic his þenunga oððe he to þursti i  
 to ryð ry forbi þy underi fenge his lafieop domes. ac ge  
 mettige hit se ege his agenra un þeapa. Ibe fæste he mid  
 his lifer byrenum þalafe þam he his pondum nege lyfen.  
 I þonne he god peoric pýrice gemyne he þær yfles he he  
 poshite. Þte seo unnotnýr he he forbi þam yflum peoricu